insideONE Gestures and Key Commands Summary

Using The Button--This is the round, concave indentation located near the top left corner of the insideONE's screen.

Gesture

Command

Explanation

Swipe right with one finger, Alt+Tab

Moves forward among any open applicationsSwipe left with one finger, Alt+Shift+Tab

Moves backward among any open applications

Double-tapToggles between the Windows desktop and your last used app

Press and hold one finger for five secondsToggles the visual display on or off

Braille Key Commands

InsideONE utilizes both an embedded braille keyboard and a virtual QWERTY keyboard. Only one keyboard can be active at a time. Before using the Braille keyboard, you must turn it on by pressing and holding dots 1+2+3+4+5+6. The Braille keyboard must be activated in this way each time the insideONE is turned on.

There are two ways to construct a command. One way is to use a modifier key (such as Control, Alt, or Insert) in conjunction with other keys. The other method uses a one keystroke approach. For example, to create Alt F4, press and release dots 1+0 simultaneously (which simulates Alt), then press dots 1+4+5+9 (which simulates F4). Alternatively, press dots 1+2+3+4+5+9+0 (the letter Q with dots 9 and 0). Both these commands produce Alt F4. Similarly, create the Copy command by pressing the keystroke simulating Control (dots 1+4+0), then press and release dots 1+4 (the letter C for Copy).

The below commands are the insideONE equivalent keystrokes for regularly-used Windows commands. Remember, dot 9 (nine) is the same as the left Space, and dot 0 (zero) is the same as the right Space.

Command

Dot Configuration

Space0 or 9

Enter8 or 9+0

Backspace7

Alt1+0 (A+0)

Control1+4+0 (C+0)

Insert2+4+9+0 (I+9+0)

Shift2+3+4+0 (s+0)

Windows2+4+5+6+0 (w+0)

Escape1+5+0 (e+0)

Tab2+3+4+5+0 (t+0)

Shift+Tab2+3+4+5+9 (t+9)

Caps lock toggle7+9

Activate Windows Start Menu

3+5+6+8+0

Open or Close Ribbon or Menu Bar

2+0

Toggle between insertion and overtype mode

3+5+9+0

Alt F4 (Closes an application)1+2+3+4+5+9+0 (q+9+0)

Control (temporarily silence screen reader's speech)2+5+0

NVDA Menu

1+3+4+5+9 (n+9)

JAWS Menu

2+4+5+9+0 (j+9+0)

Print Screen1+2+3+4+9+0 (p+9+0)

Right click (context menu)1+3+4+0 (m+0)

Toggle Insert

3+5+9+0

Delete1+4+5+9+0 (d+9+0)Home1+2+3+9+0

End4+5+6+9+0 Page Up1+3+9+0Page Down (next page)4+6+9+0

Up Arrow (moves up one line)1+9+0Down Arrow (moves down one line)4+9+0Left Arrow (moves left one character)3+9+0Right Arrow (moves right one character)6+9+0Control Left Arrow (moves left one word)2+9+0Control Right Arrow (moves right one word)5+9+0Control+home (Beginning of file)1+2+3+7+9+0 Control+end (End of file)4+5+6+8+9+0

Volume Up1+2+3+6+0 (v+0)Volume Down 1+2+3+6+9 (v+9)Mute Volume1+2+3+6+8+0 (v+8+0)Number lock toggle8+9 Open Windows Action Center

2+5+9+0

Windows+e (Opens File Explorer)

1+5+9+0 (e+9+0)

Windows+m (Windows desktop)

1+3+4+9+0 (m+9+0)

Windows+r (Opens run command)

1+2+3+5+9+0 (r+9+0)

Open emojis tool bar

2+3+9+0

Windows++ (Enlarges Windows zoom)

1+3+5+6+0 (z+0)

Open a list of running applications

1+2+3+4+5+6+9+0

Select All

1+7+9+0

Control+c (copy)1+4+9+0 (c+9+0)Control+v (paste)1+2+3+6+9+0 (v+9+0)Control+x (cut)1+3+4+6+9+0 (x+9+0)Control+f (find)1+2+4+9+0 (f+9+0)Control+s (save)2+3+4+9+0 (s+9+0)Control+n (new document or email message)1+3+4+5+9+0 (n+9+0)

Control+o (Open)

1+3+5+9+0 (o+9+0)

Control+z (Undo last action)

1+3+5+6+9+0 (z+9+0)Control+y (Redo last action)

1+3+4+5+6+9+0 (y+9+0)

Control+h (Replace)

1+2+5+9+0 (h+9+0)

Function Key Commands

F11+9 (a+9)F21+2+9 (b+9)F31+4+9 (c+9)F41+4+5+9 (d+9)F51+5+9 (e+9)F61+2+4+9 (f+9)F71+2+4+5+9 (g+9)F81+2+5+9 (h+9)F92+4+9 (i+9)F102+4+5+9 (j+9)F111+3+9 (k+9)F121+2+3+9 (l+9)

Miscellaneous Commands

Battery status

1+2+0 (b+0)

Media previous track

2+4+6+0

Media next track

1+3+5+0

Media play/pause

1+5+6+0

Beginning of selection (Starts text selection. Only with NVDA)

1+2+4+5+9+0

End of selection (Ends text selection. Only with NVDA)

2+3+5+6+9+0

Ins+F7 (List of links in compatible document. Only with JAWS)

1+2+4+5+9+0 (F7+0)

Reset pending modifiers

1+2+3+5+7+8+9+0 (r+7890)

Date and time (Once announces hour, twice quickly announces date)

1+2+5+0 (h+0)

Screen curtain toggle (only with NVDA)

1+2+3+4+5+6+9

Text-to-speech toggle

2+3+4+9 (s+9)

Title Bar (Announces the title of the open window)

2+3+4+5+9+0 (t+9+0)

Input help toggle (Turns on/off keyboard input help)

2+3+6+0

Line break (Shift + Enter)

1+2+9+0 (b+9+0)

Using The Right Slider -- This is the long, vertical indentation on the right side of the top face of the insideONE.

swipe up with one fingerup arrowswipe down with one fingerdown arrowswipe left with one fingerleft arrowswipe right with one fingerright arrow

hold one finger for five secondsenables/disables text-to-speech double tap with one fingerEnterSwipe right with two fingers (put one finger directly above the other in the slider)Tabswipe left with two fingers (put one finger directly above the other in the slider)Shift + tab

Using The Bottom Slider -- this is the long, horizontal indentation directly above the braille display.

Swipe right with one fingerpans the display forwardswipe left with one fingerpans the display backward

one-finger double-tapactivates the item under the cursor or moves the cursor to the currently selected position if in an edit fieldTwo-finger single-tap temporarily pauses speech Two-finger double-tapActivates or Deactivates menu or ribbonTwo-finger triple-tapRight-click (Context Menu)

Swipe right with two fingersTabSwipe left with two fingersShift+TabSwipe up with two fingersreads the object under the cursor Swipe down with two fingersreads text starting from the current cursor positionSwipe right then left with two fingersEscapeSwipe left with three fingersHomeSwipe right with three fingersEnd

Swipe up with three fingersgoes to the beginning of a document, Control+Home

Swipe down with three fingersgoes to the end of a document, Control+EndSwipe three fingers right then leftControl+Z, UndoSwipe three fingers left then rightControl+Y, Redo

Using The Left Slider -- This is the long, vertical indentation on the left side of the top face of the insideONE.

Swipe up with one fingerAnnounces the input Braille grade currently in use (not in JAWS)

Swipe up quickly twice with one finger

Announces the output Braille grade currently in use (not in JAWS) Swipe down with one fingercloses all open keyboardsHold one finger for five secondsactivates QWERTY keyboard; enables on-screen gestures in Windows; when JAWS is enabled, use JAWS gestures. To switch to Windows gestures, rotate five fingers on a screen

Double tap with one finger

Activates/deactivates HID keyboard

Using The Screen (when keyboards are inactive)

Gesture

Command

Swipe up with one fingerUp arrowSwipe down with one fingerDown arrowSwipe left with one fingerLeft arrowSwipe right with one fingerRight arrowOne-finger double-tapactivates an item under the cursorTwo-finger single-tappauses speech Two-finger double-tapActivates or Deactivates menu or ribbonTwo-finger triple-tapRight-clickSwipe right with two fingersTabSwipe left with two fingersShift+TabSwipe down with two fingersreads text starting from the current position of the cursor Swipe up with two fingersreads the current objectSwipe right then left with two fingersEscapeSwipe left with three fingersHomeSwipe right with three fingersEndSwipe up with three fingersgoes to the beginning of a document or Control+Home

Swipe down with three fingersgoes to the end of a document or Control+EndSwipe three fingers right then leftControl+Z, UndoSwipe three fingers left then rightControl+Y, Redo